

## **BEFRIENDING SERVICE**

## THIS IS A FREE SERVICE!

Our volunteers will regularly visit you in your own home.

## **CONTACT US**

Tel. 020 7385 8850 ruthgeorge@fulhamgoodneighbours.org

## DO YOU FEEL ISOLATED IN YOUR COMMUNITY?

We provide befrienders for housebound older people in Fulham area. Our volunteers usually visit weekly for an hour or so. They will come for a chat over a cup of tea/coffee.

Our befriending volunteer can bring you companionship, build a deep mutual friendship and bring the outside world in to your home.